



Starting at Iowa City, the starting point for the handcart pioneers, track your progress in the boxes for "Trail of Faith Award" by coloring in the boxes for "Trail of Faith Miles" as you earn them. Check the map above for key points along the trail that lead you to completion of the award and Salt Lake City.

Place	Miles to Salt Lake	Trail of Faith Miles	Place	Miles to Salt Lake	Trail of Faith Miles	Place	Miles to Salt Lake	Trail of Faith Miles
Iowa City - Start	1300	0	Fort Kearney	828	25	North Platte River	383	25
		25			25	Red Buttes	357	25
		25			25	Sweet Water River	333	25
		25			25	Independence Rock and Devils Gate	332	25
Des Moines	1186	25	Confluence Point	734	25	Martins Cove	304	25
		25			25	Rocky Ridge and Rock Creek	259	25
		25			25	South Pass	232	25
		25	Ash Hollow	651	25	Lombard Ferry	169	25
Nishabona River Crossing	1065	25			25	Fort Bridger	114	25
Grand Encampment	1042	25	Chimney Rock	579	25	Bear River Crossing	81	25
Council Bluffs & Winter Quarters	1031	25	Scotts Bluff	559	25	The Needles	61	25
Elk Horn River Crossing	992	25	Fort Laramie	509	25	Echo Canyon	51	25
Loup Fork	945	25			25	Big Mountain, Golden Pass Road, Emigration Canyon	18	25
		25			25	Salt Lake City	0	0